

Customized Leadership Training



Sandbar Coaching and Consulting will design and deliver a fully customized training program designed to meet your organizations unique leadership needs. The program is designed for intact leadership teams and is not available for open registration. This 21 hour “Developing Your Leadership Capacity” program cover the following modules:

Building effective teams

- Reaching a common understanding of what it means to be a team.
- Develop a stronger understanding of the components that make a highly effective team: trust, conflict, commitment, accountability, and results.
- Learn a common language around team effectiveness.

Change and transition

- Personal reactions and behaviours.
- Clarity on change vs. transition and how it impacts workplaces.
- Understanding your role as a leader in managing and leading change.

Conflict management

- Identifying your conflict style.
- Understanding how your personal style impacts your peers and direct reports.
- Exploring how conflict can work for you and your team’s success.
- Skills required to managed conflict well.

Effective delegation

- Myths of delegation.
- Strategies for delegating effectively.
- Using goal setting to improve delegation success.

Identifying your personal leadership style

- Understanding your personal style.
- Determine your personal strengths.
- Moderating your approach to help your team succeed.

Performance conversations

- The role of difficult conversations in performance management.
- Developing listening and questioning techniques to assist in challenging conversations.
- Developing skills for giving and receiving feedback.
- Setting up a process for having difficult performance conversations that help employees be successful.

Time management and priority setting

- Key time wasters.
- Strategies for managing multiple priorities.
- Practical time management solutions.

Program fee:

\$3500 per workshop for up to 10 participants (\$24,500).